

**COMMISSION ON THE
STATUS OF WOMEN
Regular Meeting Minutes
February 12, 2007**

1. ROLL CALL

Chair Kerlin called the meeting to order at 6:30 p.m.

Chair Kerlin brought to the audience attention that Commissioners and staff wearing red for Go Red for Women and Heart Health Month

PRESENT: Devine, Kerlin, Koontz, Nahabedian, Tribunyan, Walker, Yim

ABSENT:

STAFF: Cordova, Haddad, Varpetian

Ms. Haddad read into the record that the Agenda for the February 12, 2007 meeting was posted on the Bulletin Board outside of City Hall on or before February 7, 2007.

2. INTRODUCTIONS & PRESENTATIONS

A. Ms. Elaine Panlaqui, Glendale High School and the Yin Yangs Presentation: Update on Activities since J8

Item moved to March 12, 2007 meeting.

B. Dr. Lisa Matzer, Glendale Adventist Medical Center: Go Red for Women and Heart Health Awareness Month

Dr. Matzer spoke regarding heart disease, the number one cause of death in women. Risk factors are heart disease in family, obesity, diabetes, smoking, lifestyle, exercise, stress level, by looking at the factors they can determine if a woman is at risk. Every woman should have early tests and treatment done. An early diagnosis is the key for prevention. They will also do blood profile to check on cholesterol history,

Simple things that can help are to have humor in your life, floss teeth because gum disease contributes to heart disease, eat chocolate it decreases the blood vessels, being optimistic on life helps, brisk walk for 10 minutes, reduce stress in your life.

Symptoms are different for women from men. They would be in a pattern some are: shortness of breath, lack of energy, a change in sleeping patterns, back/shoulder/neck pain can also be related to the heart.

C. Mr. James Maloney, Cal Tech: Cal Tech Classroom Connection
Item moved to future agenda.

3. ORAL COMMENT

None

4. CONSENT ITEMS

A. Approval of the minutes of Regular Commission Meeting held on January 8, 2007.

Motion to approve the minutes.
Motion – Koontz
5-0-0

Second - Devine

5. BUSINESS AGENDA

A. Action Items

1. Election of Commission Officers

a) Motion to Provide Direction regarding the Process of Selection for the Chair and the Vice Chair

Voting could be conducted as a roll call vote. After Commissioners have been nominated for each position, the nominee's name is called and each then states the name of the nominated individual for whom they wish to vote. If a single individual's name is stated by at least four Commissioners, that candidate would be selected Chair.

b) Motion to Elect Chair and Vice Chair for the Term of February 2007 to February 2008

Commissioner Nahabedian nominated Chair Kerlin to second term as Chair.

No other nominations received for Chair.

Chair Kerlin re-elected to a second term

5-0-0

Commissioner Devine nominated Commissioner Nahabedian for Vice-Chair

No other nominations received for Vice-Chair

Commissioner Nahabedian elected to Vice-Chair

5-0-0

2. Appointment of Commission Delegates and Alternates for National Association of Commissions for Women (NACW) and Association of California Commissions on Women (ACCW)

Item A & B to be brought back to a future meeting.

a) Motion Appointing Commission Delegate for NACW

b) Motion Appointing Commission Alternate for NACW

c) Motion Appointing Commission Delegate for ACCW

Commissioner Nahabedian to continue as ACCW delegate but not as NACW delegate.

d) Motion Appointing Commission Alternate for ACCW

Commissioner Devine to continue as ACCW alternate delegate.

3. CSW Master Calendar of Events

This is the monthly return of the Master Calendar to the CSW. The Commission may, at its discretion, add, delete or revise any dates included in the calendar. Staff has removed Week

Without Violence (canceled) and the HER Conference (which has been postponed to a date to be determined).

Motion providing direction to add the following three items: American Cancer Society "Paint the Town Purple on May 1, 2007, Relay for Life Kickoff on May 6, 2007, and the Relay for Life September 29 & 30, 2007.

Motion – Devine
5-0-0

Second - Koontz

4. Consideration of Activities and Special Focus for the Year of the Glendale Girl
The CSW selected a "special focus" as a theme for activities of the year. This year, 2007, has been established by the CSW as "Year of the Glendale Girl" and the P2C, in conjunction with Staff, is planning activities which focus on girls in the City of Glendale. A mentorship program for Daily High School, students which can address the special needs of "at-risk" youth. Several programs including Economic Literacy, Health, Anti-Violence/Healthy Relationships, Political Participation will be collaborated with Senator Scott and the Glendale YWCA.

Motion to recommend the Daily High School mentoring and the body image salon focusing on eating disorders and obesity.

Motion – Nahabedian
5-0-0

Second - Devine

5. Consideration and Approval of CUT IT OUT City-Wide Intimate Partner Violence Awareness and Prevention Campaign
This nationally recognized program mobilizes salon professionals to raise awareness and fight the epidemic of domestic abuse in communities across the United States. P2C recommends that the Commission on the Status of women approve the adoption of the CUT IT OUT Intimate Partner Violence Awareness and Prevention.

Motion approving CUT IT OUT City-Wide Intimate Partner Violence Awareness and Prevention Campaign

Motion – Nahabedian

Second - Devine

6. Consideration and Approval of Sponsorship for Soroptimist International of Glendale's "Bras for a Cause" Event
This is the fourth year of the Soroptimist International of Glendale's "Bras for a Cause" event on April 14, 2007.

Motion to sponsor the Soroptimist International of Glendale's "Bras for a Cause" event at the Gold Level for \$500.

Motion – Devine
5-0-0

Second - Walker

7. Update from Jewels of Glendale 2007 Planning Committee

Jewels of Glendale event on March 8, 2007 from 7-9 pm at the Glendale Civic Auditorium. Kathy Kinney will be the guest speaker. Nominations are now closed for the Jewels of Glendale awards.

Motion establishing the P2 committee as the Jewels of Glendale 2007 Selection Committee.

Motion – Nahabedian
5-0-0

Second - Koontz

Progress reports read by the leads of each committee, confirmation regarding items for the event need to be done by 2/25

Motion to approve the event budget at 4,400.00 to allow extra monies to cover costs.

Motion - Devine
5-0-0

Second - Nahabedian

B. Reports—Information Only

1. Update on GUSD Yellow Ribbon Week Activities

Student commissioners reported that Yellow Ribbon Week was a success at their high schools.

2. Update on Presentation of CSW Report 2004-2006 to City Council

Chair Kerlin presented the CSW Report 2004-2006 to City Council. Chair Kerlin is proud of the work that the Commissioners and staff have done, thanked everyone for their hard work.

3. Program Budget Report

The informational report was read into the record by Ms. Haddad.

6. COMMISSIONER/STAFF COMMENTS

Commissioner Devine informed the audience that February 12th – 18th is Random Acts of Kindness Week. She also invited the audience to attend the Jewels of Glendale event.

Commissioner Koontz is also looking forward to the Jewels of Glendale event and Kathy Kennedy will be the guest speaker.

Commissioner Walker informed the audience that there will be a 5K Wellness Walk for Education on April 28, 2007.

Chair Kerlin thanked the CSW for re-electing her as Chair, she looks forward to working with Vice-Chair Nahabedian.

Ms Haddad will reschedule 2A and 2C to future agendas.

7. ADJOURNMENT

Motion to adjourn at 8:13 p.m.

Motion – Nahabedian

Second – Devine